

Recipe Card



Arugula Carrot Salad with Quinoa

Created by Naturally Ella

Makes 4 servings

Ingredients

2 cups carrots, julienned
1 cup cooked quinoa
¼ cup scallions, chopped
3 tablespoons tamari
1 tablespoons rice wine vinegar
2 teaspoons fresh ginger, minced
1 teaspoon honey
4-5 handfuls of arugula
Sesame Seeds

Preparation

1. In small bowl, combine carrots, quinoa, and scallions.
2. In separate bowl, whisk tamari, rice wine vinegar, ginger, and honey. Pour over carrot mixture and toss until well combined. Let stand for 20 minutes.
3. Toss carrot mixture with greens and sprinkle with sesame seeds

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