

Recipe Card



Holiday Kombucha Cocktail

Recipe adapted from therealfoodrds.com/apple-cider-kombucha-sangria/

Yield: 6 servings

Ingredients:

- 1 750ml bottle of white wine, preferably dry (Pinot Grigio or Gris, Sauvignon Blanc, etc)
- 2 cups apple juice or cider (no sugar added)
- ½ cup apple or ginger brandy
- 1 12oz bottle Ginger Kombucha
- 1 medium apple, chopped
- 1 medium pear, chopped
- 3 Cinnamon Sticks
- 6-8 Cloves, whole
- 2 Star Anise, whole

Directions:

1. In a large pitcher, combine wine, apple cider, spices and brandy
2. Add apples and pears, and stir to combine
3. Chill in fridge at least one hour
4. Just before serving, add kombucha
5. Pour into glasses and garnish with cinnamon stick, apple slices, etc

MOCKTAIL version

Ingredients:

- 3 cups apple juice or cider (no sugar added)
- 1 cup sparkling water
- 2 12oz bottles Ginger Kombucha
- 1 medium apple, chopped
- 1 medium pear, chopped
- 3 Cinnamon Sticks
- 6-8 Cloves, whole
- 2 Star Anise, whole

Directions:

1. In a large pitcher, combine apple cider, apples, pears, spices and stir to combine
2. Chill in fridge at least one hour to overnight
3. Just before serving, add kombucha and sparkling water
4. Pour into glasses and garnish with cinnamon stick, apple slices, etc

Recipes can be found: <http://www.healthiestbest.com/quick-and-healthy-meals>